# **AMITA Health Sports Medicine**

### Concierge Advantage

Focused on sports-related injury prevention, the AMITA Health Orthopedics Institute works directly with coaches, trainers, parents and athletes of all ages to achieve a higher level of performance on and off the field.

The AMITA Health Sports Medicine Outreach Program can connect you to sports medicine doctors and surgeons on the medical staff as well as rehabilitation therapists throughout the northwestern and southwestern suburbs of Chicago. Through our Concierge Advantage, athletes benefit from direct and expedited access to specialists simply by contacting our Sports Medicine Outreach Liaisons 24/7 via the phone numbers below or email: SportsMedicine@amitahealth.org.

#### **Expert Care from a Range of Specialists**

Through the AMITA Health Sports Medicine Outreach Program at the AMITA Health Orthopedics Institute, you have access to a range of specialists.

## Here is a list of specialists accessible to athletes through the AMITA Health Sports Medicine Outreach Program:

- Orthopedists
- Pulmonologists
- Cardiologists
- Radiologists

- Neurologists
- Emergency medicine physicians
- Rehabilitation specialists
- Physical therapists
- Nutritionists
- Pediatric psychologists
- Certified Athletic Trainers



For Northwest Suburbs contact:

Michelle Knizner, ATC, MSEd AMITA Health Orthopedics Institute Sports Medicine Outreach Liaison 224.273.2416 SportsMedicine@AMITAhealth.org



For Southwest Suburbs contact:

Anthony Buonamici, ATC
AMITA Health Orthopedics Institute
Sports Medicine Outreach Liaison
224.273.2416
SportsMedicine@AMITAhealth.org



For Chicago Metro contact:

Sam Cochran, ATC, MS

AMITA Health Orthopedics Institute
Sports Medicine Outreach Liaison
224.273.2416
SportsMedicine@AMITAhealth.org

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#### **Concierge Service includes:**

- Single contact access to help navigate the health system
- Designated AMITA Health rep for your organization
- Assistance in identifying the proper specialist or service for your needs
- Expedited access to specialized sports medicine physicians and other health care services of the AMITA Health Care System
  - Emergency Room
  - Immediate Care
  - Physicians
- Follow-up with coach, parent, athletic trainer
  - Communicate rehab and return to play plan

#### Other services include:

- · Health Education
- Injury Prevention, Treatment and Athlete Development
- · Sport and Injury Specific Collateral
  - Clinic Guest Speakers
  - Coach/Parent/Athlete Meetings
  - Seminars and Symposiums
- · Newsletter, Eblast, and Web Content
- · Coach & Parent Education

#### **Medical Coverage Services**

- Injury Evaluations
- Team Physicians

#### **Emergency Action Plans**

- · Concussion Management
- · Facility Specific Plans

#### **CPR Certification for Coaches**

**Advise on Appropriate supplies & First Aid Kits for Travel** 

